



Parent-Teacher Association

Notice: 3/2026-27

8.9.2026

To: Parents / Guardians,

Parent Education Workshops

Returning to school after a long break is a transition that requires home-school collaboration. To ensure a smooth transition of both students and parents, workshop on learning skills and self-care will be arranged. **All parents are welcome to attend.** Details of the workshop are as follows:

Date	Time	Venue	Topic
<u>Workshop 1:</u> Learning Skills 22.9.26 (Tue)	9:00am – 10:30am	5/F SAC	✧ Tips on establishing daily routine and learning habit ✧ Different learning style and strategies ✧ Practical learning skills (such spelling and memory skills)
<u>Workshop 2:</u> Chronic pain 6.10.26 (Tue)	9:00am – 10:00am		• Movements and massage techniques to relieve pain (targeting pain caused by repetitive movements when taking care of children and doing housework). • Learn correct posture to prevent and reduce pain
<u>Workshop 3:</u> Home Workout 20.10.26 (Tue)			✧ Teach a variety resistance band workout ✧ Improve the joint mobility and burn fat

Please complete the reply slip and return it to the class teacher on or before 11.9.2026 (Friday). Should you have any enquiries, please feel free to contact Ms SUNG Yi-tim (School Social Worker) at 2386-8049.

Thank you for your attention.

Yu King Tsz

(Mr YU King-tsz)

Headmaster

Reply Slip

Parent Education Workshops

PTA Notice : 3/2026-27

Date : 8.9.2026

To : Headmaster,

I have read the PTA Notice No. 3/2026-27 dated 8.9.2026 and I fully understand its content.

☐ I **wish** to attend the said activity. *(please ✓ the workshop(s))*

☐ Workshop 1 (22.9.26) ☐ Workshop 2 (6.10.26) ☐ Workshop 3 (20.10.26)

☐ I **do not wish** to attend the said activity.

Student's name: _____ () Class: P. _____

Parent's / Guardian's Signature: _____

**Please tick the appropriate box.*



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